

3rd Annual

Stand Up To Falling Down



A fall prevention screening and awareness event

Date: Friday, September 22, 2017

Time: 8:30 a.m. to 12:30 p.m.

Location: The Colonnade
19116 Colonnade Way
Surprise, AZ 85374

Agenda:

- 9:15 a.m.** KEYNOTE ADDRESS:
Taking Responsibility for Your Bone Health: Preventions of Falls and Fractures
Kelly Krohn, MD, The Core Institute
- 10:00 a.m.** DEMONSTRATION:
How to Properly Use Assistive Devices
Banner Del E. Webb Physical Therapy Department
- 10:15 a.m.** PRESENTATION:
Home Safety and Fall Prevention
Andrew Strmic, OTA
- 11:00 a.m.** DEMONSTRATION:
Lift Assist: What to Expect When You Call 911
North County Fire & Medical District
- 11:15 a.m.** PRESENTATION:
Vestibular System and Balance
Celeste Delap, PT, DPT, LSVT
- 12:00 p.m.** DEMONSTRATION:
Exercises to Promote Better Balance
Rhonda Zonoozi, BS, CHWC, EP-C



Individual Fall Risk Assessments

Available by appointment only from 8:30 a.m. to noon.

Registration is REQUIRED for fall risk assessments only, as space is limited. Call 623-832-9355 to register.

Event Sponsor

